

BlueCross SecureSM Richland (HMO) offered by BlueCross BlueShield of South Carolina

Annual Notice of Changes for 2023

You are currently enrolled as a member of BlueCross Secure Richland. Next year, there will be changes to the plan's costs and benefits. ***Please see page 5 for a Summary of Important Costs, including Premium.***

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at www.scblesmedadvantage.com. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**

What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - Review the changes to Medical care costs (doctor, hospital).
 - Review the changes to our drug coverage, including authorization requirements and costs.
 - Think about how much you will spend on premiums, deductibles, and cost sharing.
- Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
- Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
- Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area. Use the Medicare Plan Finder at www.medicare.gov/plan-compare website or review the list in the back of your *Medicare & You 2023* handbook.

- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3. CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2022, you will stay in BlueCross Secure Richland.
- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1, 2023**. This will end your enrollment with BlueCross Secure Richland.
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

- Please contact our Customer Service number at 1-855-204-2744 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., Eastern Time, Monday through Friday. Our automated phone system handles calls received after 8 p.m. and on Saturdays, Sundays, and holidays. From October 1 through March 31, we are available 8 a.m. to 8 p.m., Eastern Time, seven days a week.
- Customer Service has free language interpreter services available for non-English speakers. This information is available in alternate formats, including large print. Please call Customer Service if you need plan information in other formats.
- **Coverage under this Plan qualifies as Qualifying Health Coverage (QHC)** and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About BlueCross Secure Richland

- BlueCross Secure Richland County is a Medicare Advantage Health Maintenance Organization plan with a Medicare contract. Enrollment in BlueCross Secure Richland County depends on contract renewal.
- When this booklet says "we," "us," or "our" it means BlueCross BlueShield of South Carolina. When it says "plan" or "our plan," it means BlueCross Secure Richland.

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Annual Notice of Changes for 2023

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Cost	2022 (this year)	2023 (next year)
<p>Part D prescription drug coverage (See Section 1.5 for details.)</p>	<p>Deductible: You pay a \$70 deductible on Tiers 3, 4 and 5. Tier 1 and 2 drugs are excluded from the deductible during the Initial Coverage Stage:</p> <p>Copayment/Coinsurance Standard Retail during the Initial Coverage Stage (30-day supply):</p> <ul style="list-style-type: none"> • Drug Tier 1: \$10 • Drug Tier 2: \$20 • Drug Tier 3: \$44 • Select Insulins: \$35 • Drug Tier 4: 50% • Drug Tier 5: 31% <p>Copayment/Coinsurance Preferred Retail during the Initial Coverage Stage (30-day supply):</p> <ul style="list-style-type: none"> • Drug Tier 1: \$5 • Drug Tier 2: \$15 • Drug Tier 3: \$37 • Select Insulins: \$35 • Drug Tier 4: 45% • Drug Tier 5: 31% 	<p>Deductible: \$0</p> <p>Copayment/Coinsurance Standard Retail during the Initial Coverage Stage (30-day supply):</p> <ul style="list-style-type: none"> • Drug Tier 1: \$5 • Drug Tier 2: \$15 • Drug Tier 3: \$47 • Select Insulins: \$30 • Drug Tier 4: \$100 • Drug Tier 5: 33% • Drug Tier 6: \$5 <p>Copayment/Coinsurance Preferred Retail during the Initial Coverage Stage (30-day supply):</p> <ul style="list-style-type: none"> • Drug Tier 1: \$0 • Drug Tier 2: \$10 • Drug Tier 3: \$42 • Select Insulins: \$30 • Drug Tier 4: \$100 • Drug Tier 5: 33% • Drug Tier 6: \$0

To find out which drugs are Select Insulins, review the most recent Drug List we provided electronically. You can identify Select Insulins by the letters “SI”. If you have questions about the Drug List, you can also call Customer Service at 1-855-204-2744 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., Eastern Time, Monday through Friday. Our automated phone system handles calls received after 8 p.m. and on Saturdays, Sundays, and holidays. From October 1 through March 31, we are available 8 a.m. to 8 p.m., Eastern Time, seven days a week.

Cost	2022 (this year)	2023 (next year)
Medicare-covered intensive cardiac rehabilitation services	You pay a \$50 copay.	You pay a \$60 copay.
Medicare-covered pulmonary rehabilitation services	You pay a \$30 copay.	You pay a \$20 copay.
Medicare-covered Supervised Exercise Therapy (SET) for symptomatic Peripheral Artery Disease (PAD) services	You pay a \$30 copay.	You pay a \$25 copay.
Medicare Part B prescription drugs	<p>You pay 20% of the total cost of chemotherapy drugs.</p> <p>You pay 20% of the total cost for other Part B drugs.</p>	<p>You pay 20% of the total cost of chemotherapy drugs.</p> <p>You pay 20% of the total cost for other Part B drugs.</p> <p>Effective 7/1/2023: You pay a \$35 copay for a 1-month supply of Medicare Part B select insulins for use in home infusion pumps.</p>
Emergency care	You pay \$90 per visit, waived if admitted within 24 hours.	You pay \$95 per visit, waived if admitted within 24 hours.
Worldwide emergency care	There is a \$250 service specific deductible and then 20% coinsurance for emergency care outside of the United States.	There is a \$250 service specific deductible and then 35% coinsurance for emergency care outside of the United States.
Primary care visits	You pay a \$5 copay.	You pay \$0 copay.
Specialist visits	You pay a \$40 copay.	You pay a \$30 copay.

Cost	2022 (this year)	2023 (next year)
Mental health/psychiatric services (individual sessions)	You pay a \$40 copay.	You pay a \$35 copay.
Mental health/psychiatric services (group sessions)	You pay a \$40 copay.	You pay a \$35 copay.
Podiatry services	You pay a \$50 copay.	You pay a \$35 copay.
Other health care professional services	You pay a \$10 - \$40 copay.	You pay a \$10 - \$35 copay.
Diagnostic tests and procedures	You pay a \$0 - \$275 copay per service. You pay a \$0 copay for diagnostic EKG and diagnostic colorectal screening.	You pay a \$0 - \$100 copay per service. You pay a \$0 copay for diagnostic EKG and diagnostic colorectal screening.
Medicare-covered lab services	You pay a \$10 copay.	You pay a \$0 copay.
Medicare-covered x-rays	You pay a \$10 copay.	You pay a \$5 copay.
Medicare-covered outpatient hospital services	You pay a \$0 - \$325 copay.	You pay a \$0 - \$275 copay.
Medicare-covered observation services	You pay a \$325 copay.	You pay a \$275 copay.
Ambulatory Surgical Center (ASC) services	You pay a \$0 - \$325 copay.	You pay a \$0 - \$275 copay.
Outpatient substance abuse services (individual sessions)	You pay a \$40 copay.	You pay a \$35 copay.

Cost	2022 (this year)	2023 (next year)
Ambulance service (ground and air)	You pay a \$275 copay per one-way trip for ground ambulance. You pay a \$275 copay per one-way trip for air ambulance.	You pay a \$285 copay per one-way trip for ground ambulance. You pay a \$285 copay per one-way trip for air ambulance.
Transportation services	Transportation services are <u>not</u> covered.	You pay a \$0 copay for 24 one-way trips per year to any health-related location.
Diabetic supplies and services	You pay 0% - 20% of the total cost. The preferred vendor, OneTouch brand strips and monitor is a \$0 copay. Contact Customer Service for assistance if needed.	We only cover OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices for a \$0 copay. Note: In case of an approved medical exception, other brands may be covered, and you pay 20% of the total cost.
Over-the-Counter (OTC) items	The benefit is \$40 every 3 months (per quarter) for a total of a \$160 per year.	The benefit is \$45 every 3 months (per quarter) for a total of a \$180 per year.

Section 1.5 – Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

We have made changes to the list of insulin drugs that will be covered as Select Insulins at a lower cost-sharing. To find out which drugs are Select Insulins, review the most recent Drug List we provided electronically. You can identify Select Insulins by the letters “SI”. If you have questions about the Drug List, you can also call Customer Service at 1-855-204-2744 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., Eastern Time, Monday through Friday. Our automated phone system handles calls received after 8 p.m. and on Saturdays, Sundays, and holidays. From October 1 through March 31, we are available 8 a.m. to 8 p.m., Eastern Time, seven days a week.

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically.

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your *Evidence of Coverage* and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Customer Service for more information.

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and you haven’t received this insert by September 30, 2022, please call Customer Service and ask for the “LIS Rider.”

There are four “drug payment stages.”

The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

Important Message About What You Pay for Vaccines - Our plan covers most Part D vaccines at no cost to you. Call Customer Service for more information.

Important Message About What You Pay for Insulin - You won’t pay more than \$30 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it’s on.

Getting Help from Medicare - **If you chose this plan because you were looking for insulin coverage at \$35 a month or less, it is important to know that you may have other options available to you for 2023 at even lower costs because of changes to the Medicare Part D program. Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week for help comparing your options. TTY users should call 1-877-486-2048.**

Additional Resources to Help – Please contact our Customer Service number at 1-855-204-2744 for additional information. (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., Eastern

Time, Monday through Friday. Our automated phone system handles calls received after 8 p.m. and on Saturdays, Sundays, and holidays. From October 1 through March 31, we are available 8 a.m. to 8 p.m., Eastern Time, seven days a week.

Changes to the Deductible Stage

Stage	2022 (this year)	2023 (next year)
<p>Stage 1: Yearly Deductible Stage</p> <p>During this stage, you pay the full cost of your Tier 3, 4 and 5 drugs until you have reached the yearly deductible.</p>	<p>The deductible is \$70.</p> <p>During this stage, you pay \$10 standard cost-sharing for drugs on Tier 1 and \$5 preferred cost-sharing for drugs on Tier 1. You pay the \$20 standard cost-sharing for drugs on Tier 2 and \$15 preferred cost-sharing for drugs on Tier 2 and the full cost of drugs on Tiers 3, 4 and 5 until you have reached the yearly deductible.</p>	<p>Because we have no deductible, this payment stage does not apply to you.</p>

Changes to Your Cost Sharing in the Initial Coverage Stage

For drugs on Tier 4, your cost sharing in the initial coverage stage is changing from coinsurance to a copayment. Please see the following chart for the changes from 2022 to 2023.

Stage	2022 (this year)	2023 (next year)
<p>Stage 2: Initial Coverage Stage</p> <p>For 2022: Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost. For 2022 you paid 50% coinsurance standard cost-sharing for drugs on Tier 4 and 45% coinsurance preferred cost-sharing for drugs on Tier 4. For 2023 you will pay a \$100 copayment for drugs on this tier</p>	<p>Your cost for a one-month supply at a network pharmacy:</p> <p>Tier 1 (preferred generic): <i>Standard cost-sharing:</i> You pay \$10 per prescription. <i>Preferred cost-sharing:</i> You pay \$5 per prescription.</p> <p>Tier 2 (generic): <i>Standard cost-sharing:</i> You pay \$20 per prescription.</p>	<p>Your cost for a one-month supply at a network pharmacy:</p> <p>Tier 1 (preferred generic): <i>Standard cost-sharing:</i> You pay \$5 per prescription. <i>Preferred cost-sharing:</i> You pay \$0 per prescription.</p> <p>Tier 2 (generic): <i>Standard cost-sharing:</i> You pay \$15 per prescription.</p>

Stage	2022 (this year)	2023 (next year)
<p>for both standard and preferred cost-sharing.</p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your <i>Evidence of Coverage</i>.</p> <p>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</p> <p>You pay \$30 for Select Insulins.</p>	<p><i>Preferred cost-sharing:</i> You pay \$15 per prescription.</p> <p>Tier 3 (preferred brand):</p> <p><i>Standard cost-sharing:</i> You pay \$44 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$37 per prescription.</p> <p>Select Insulins:</p> <p><i>Standard cost-sharing:</i> You pay \$35 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$35 per prescription.</p> <p>Tier 4 (non-preferred drug):</p> <p><i>Standard cost-sharing:</i> You pay 50% of the total cost.</p> <p><i>Preferred cost-sharing:</i> You pay 45% of the total cost.</p> <p>Tier 5 (specialty):</p> <p><i>Standard cost-sharing:</i> You pay 31% of the total cost.</p> <p><i>Preferred cost-sharing:</i> You pay 31% of the total cost.</p> <hr/> <p>Once your total drug costs have reached \$4,430, you will move to the next stage (the Coverage Gap Stage).</p>	<p><i>Preferred cost-sharing:</i> You pay \$10 per prescription.</p> <p>Tier 3 (preferred brand):</p> <p><i>Standard cost-sharing:</i> You pay \$47 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$42 per prescription.</p> <p>Select Insulins:</p> <p><i>Standard cost-sharing:</i> You pay \$30 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$30 per prescription.</p> <p>Tier 4 (non-preferred drug):</p> <p><i>Standard cost-sharing:</i> You pay \$100 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$100 per prescription.</p> <p>Tier 5 (specialty):</p> <p><i>Standard cost-sharing:</i> You pay 33% of the total cost.</p> <p><i>Preferred cost-sharing:</i> You pay 33% of the total cost.</p> <p>Tier 6 (select care drugs):</p> <p><i>Standard cost-sharing:</i> You pay \$5 per prescription.</p> <p><i>Preferred cost-sharing:</i> You pay \$0 per prescription.</p> <hr/> <p>Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).</p>

SECTION 2 Deciding Which Plan to Choose

Section 2.1 – If you want to stay in BlueCross Secure Richland

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our BlueCross Secure Richland.

Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- *OR--* You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (www.medicare.gov/plan-compare), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2). As a reminder, BlueCross BlueShield of South Carolina offers other Medicare health plans and Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from BlueCross Secure Richland.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from BlueCross Secure Richland.
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - Send us a written request to disenroll. Contact Customer Service if you need more information on how to do so.
 - – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 3 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2023.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don’t like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

SECTION 4 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In South Carolina, the SHIP is called Insurance Counseling Assistance and Referrals for Elders (I-CARE).

I-CARE is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. I-CARE counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call I-CARE at (803) 734-9900 or 1-800-868-9095. You can learn more about I-CARE by visiting their website (www.aging.sc.gov).

SECTION 5 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
 - Your State Medicaid Office (applications).

- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the South Carolina AIDS Drug Assistance Program (administered by the South Carolina Department of Health and Environmental Control). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 1-800-856-9954.

SECTION 6 Questions?

Section 6.1 – Getting Help from BlueCross Secure Richland

Questions? We're here to help. Please call Customer Service at 1-855-204-2744. (TTY only, call 711.) We are available for phone calls 8 a.m. to 8 p.m., Eastern Time, Monday through Friday. Our automated phone system handles calls received after 8 p.m. and on Saturdays, Sundays and holidays. From October 1 through March 31, we are available 8 a.m. to 8 p.m., Eastern Time, seven days a week. Calls to these numbers are free.

Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the *2023 Evidence of Coverage* for BlueCross Secure Richland. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.scbluesmedadvantage.com. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at www.scbluesmedadvantage.com. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

Section 6.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

Visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to www.medicare.gov/plan-compare.

Read *Medicare & You 2023*

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.